



Thank you for you registering to take part in our Santa Stroll & Run on **Sunday 9th December 2018**. We hope it will get you into the festive mood. Please find below all the information you need to safely enjoy the event and to help us **raise vital funds for North Devon Hospice**.

**The event will start at 10.15am** with a Santa warm up!

#### **Arrival**

Please arrive at The Red Barn between **9-9.45am** to register. To limit queuing please send the lead booker to our stand to collect the Santa suits & drinks tokens for each team member.

Please note, there are no changing facilities available at The Red Barn, so wear something that you can put your Santa Suit over. The Santa suits come in adult size or child size, we can't guarantee they will fit everyone perfectly, but that's all part of the fun. Please feel free to bring anything you may need to customise your suit on the day! There is nowhere to leave bags etc. so we advise you to only bring what you need for the stroll.

#### **Parking**

The Esplanade car park opposite the Red Barn will be open from 9am. At this time of the year some road side parking is free of charge.

#### **Refreshments**

The Red Barn will be selling breakfasts from 9am if you want to come early to fuel up before the event!

Your drink tokens are valid for a hot drink & mince pie donated by The Red Barn to enjoy after the event.

You will receive a well-deserved finisher's medal and a goody bag when you return to the finish. There will be water bowls at the end for your four-legged friend.

The Red Barn will be hosting a beer festival in the afternoon and local shanty band, Anchors Away will be singing.

### **Start line**

Please make your way to the far side of the stream on Woolacombe Beach, there will be marshals to show you the way.

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### **The Route**

There are two routes for you to follow:

Route 1 3K - to Mill Rock and back.

Route 2 5K - to Putsborough and back.

The turn around points will be marshalled and signed clearly.

Please note that this is not a timed race. If you would like to record your time please feel free to use a personal device. This event is just for fun!

For your safety the route will be marshalled. Please adhere to any instructions given and respect the requests of marshals at all times.

### **Dogs**

You can get your four-legged friend their own Christmas bandanna to wear so they are not left out.

Buy your doggy bandanna for £5 at the following places:

- **North Devon Hospice Furniture Shop**, Two Rivers Industrial Estate, Barnstaple. Monday to Saturday: 9.00am-4.30pm
- **Woolacombe Tourist Information Centre**, The Esplanade, Woolacombe. Monday - Saturday, 10am-1pm. Call 01271 870553 to check opening times.

There will also be a number of bandannas available to buy on the day at The Red Barn.

### **Sponsorship**

Please be aware most of your entry fee goes towards the cost of running the event. Therefore we would be extremely grateful if you could raise sponsorship for your Santa Stroll in addition to this. Please download a sponsor form using the buttons below.

Maybe you could get sponsored for doing something different like completing the event backwards etc? Also for doggie owners taking part; who could resist sponsoring your pooch dressed in their Christmas best or their new bandanna?

You could set up a online giving page for your dog, showing off their cutest pose and send it to friends and family to help boost your efforts.

[Sponsor Form](#)

[Virgin Money Giving](#)

## **First Aid**

There will be First Aiders on the day. If there is a medical emergency, you must call **999** straight away. You should also tell a marshal and notify the organisers on **07896 635202** so we can coordinate the emergency services.

## **Photography**

We hope you take lots of photos for personal use and sharing, we will also be taking photos on the day to help promote the following years' event.