

NORTH DEVON
**KNIT &
NATTER**

Patterns

Knit a chick

To make a chick you will need...

Yellow or Lemon Double Knit wool

A pair of needles UK Size 11

Orange felt for the beaks

Black felt or thread for eyes

Cotton wool ball for the head

Coloured ribbon to finish off

Chocolate Creme egg

(for size fit)

*these little chicks hold
a small chocolate egg!*



Body:

1. Cast on 26 stitches
2. Knit 1 row
3. Increase 1 st at the beginning of every row until 42 st. are on the needle
4. Cast off 11 st. at the beginning of next 2 rows. [20 st]
5. Increase 1 st at the beginning of the next 4 rows [24st]
6. k4 rows
7. k2 then 2 together to last 2 st. k2. [14 stitches]
8. k4 rows
9. k2 then 2 together to last 2 stitches. k2
10. Draw wool through remaining stitches and pull tight
11. Sew with that piece of wool round the edge of work to the beginning stitch leaving the cast on edge open so that egg can be inserted
12. Stuff the head with a cotton wool ball and sew around the neck and gather in
13. Sew 2 eyes with fine black wool and stick or sew a small diamond shaped piece of orange felt for the beak

Try a few beaks to get the size right

14. Tie a thin piece of ribbon around the neck and tie in a bow

Tip. Try one creme egg for size. You should be able to hold the chick by its head the egg falling out!



Huggie Bunnies

To make a bunny you will need...

10 yards of wool per bunny.

Wool for the eyes, nose and mouth.

5mm (USA 8) DPNS, or size required to get gauge.

Yarn needle.

Chocolate Creme egg (for size fit).

Body:

CO16 and joint to knit in the round. Place a stitch marker at the beginning if you prefer to use one.

Round 1 and 2: knit

Round 3: k2, (mk1, k4) 3 times, mk1, k2 (20 stitches)

Round 4 to 10: knit

Round 11: k1, skpo, k4, k2tog, k2, skpo, k4, k2tog, k1 (16 stitches)

Round 12 and 13: knit

Round 14: k1, skpo, k2, k2tog, k2, skpo, k2, k2tog, k1 (12 stitches)

Round 15 and 16: knit



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First Ear: Now you'll need your extra needle. Arrange your stitches so that you have 6 on each needle (if you don't already).

Row 1: Hold the two needles together and using the third needle, knit 2 stitches together, 1 from the front needle and 1 from the back needle. Repeat this twice more.

You should now have three stitches on your left or 'extra' needle and 6 stitches left on your original needles. Slip these 6 stitches onto a stitch holder or some spare yarn. We'll come back to these later.

Row 2: kfb, k1, kfb

Row 3 to 6: k1, p1, k1, p1, k1

Row 7: p2tog, k1, p2tog

Row 8 to 10: p1, k1, p1

Row 11: slip 1, k2tog, pssso and bind off

Second Ear: Take the 6 stitches from your needle holder or spare yarn and rearrange on the two needles again, 3 on each needle.

Take your third needle again, re-join the yarn and repeat the instructions for row 1 of the first ear. You should now have 3 stitches on your left or 'extra' needle and no spare stitches. Continue following the instructions for the first ear from Row 2 onwards. Just the start of the re-joined yarn from the second ear to sew up the little hole between the ears then weave in all ends.

Finishing: Using some extra pieces of yarn, pinch each ear together at the base and use a few stitches to secure them together. This makes the ears stand curve around and stand up on end nicely. With some 4ply yarn and using the pictures as a guide, sew on a little face. All done. Now you can squeeze a nice treat inside for bunny to hug for you!



Twiddle Muffs for dementia patients



To make a twiddle muff...

- This muff pattern is perfect for using up left over and odd balls of wool.
- 8mm circular or 6.5mm straight needles

Directions

Cuff: Cast on 45 stitches using 2 strands of double knitting wool or 1 strand of chunky wool (plain colour works best). Work in stocking stitch, but use up oddments of various textures of wool such as chunky, mohair, ribbon etc until the work measures 23 inches (two strands of double knit for two rows each gives a lovely assortment of colours). Cast off.



Hat, Scarf and Mitts



Knit one, two or all three items

You will need...

- 200g (7oz) / 197 yds (180m)
- 2 skeins of colour, super chunky wool
- 9mm Knitting Needles (for scarf)
- 8mm Knitting Needles (for hat and mitts)
- Yarn needle
- Gauge: 10 sts = 4" (10cm) on US 13 needles in Stockinette stitch

Scarf:

With US 13 needles, Cast on 23 sts.

Knit 2 rows.

Pattern Rows: *K2, P2; rep from * across to last 3 sts, K2, P1. Turn.

Repeat this pattern row until scarf measures about 59.5" from the beginning. Knit 2 rows.

Cast off.





Hat: (worked flat)

With US 11 needles, CO 62 sts.

Ribbing Row: *K1, P1; rep from * across. Turn.

Repeat Ribbing Row until 6 rows have been worked, increasing 1 st on last row. (63 sts)

Work Pattern Row (above) until piece measures 7" from the beginning.

Shape Crown:

Next Row: *K19, k2tog; rep from * across. (60 sts)

Work Decrease rows as follows:

Row 1: *K4, k2tog; rep from * across. (50 sts)

Row 2: and all even rows: Knit.

Row 3: *K3, k2tog; rep from * across. (40 sts)

Row 5: *K2, k2tog; rep from * across. (30 sts)

Row 7: *K1, k2tog; rep from * across. (20 sts)

Row 9: K2tog across. (10 sts)

Cut yarn, leaving long tail for sewing and with yarn needle run through remaining sts, secure and sew back seam.

Weave in all ends.

Mitts (Make 2 alike)

With US 11 needles, CO 18 sts.

Work ribbing row for 4 rows, increasing 1 st on last row. (19 sts)

Work pattern row for 7", decreasing 1 st on last row (18 sts)

Work ribbing row for 4 rows and cast off in ribbing.

Cut yarn leaving long tail for sewing and sew side seam down to about 1/2" from bottom of ribbing just completed.

Leave about 1 1/2 to 2" open (weave in and out to conceal) and sew remaining seam to the bottom. Weave in all ends.

