



ARRIVAL WAVE TIMES

PLEASE TAKE CAREFUL NOTE OF YOUR ALLOCATED ARRIVAL TIME WHICH IS STATED BELOW. THIS IS THE TIME YOU NEED TO ARRIVE AT REGISTRATION ON THE DAY (NOT THE TIME YOU WILL SET OFF ONTO THE COURSE!)

IF YOU ARE TAKING PART WITH ONE OF THE TEAMS LISTED BELOW, BUT DID NOT STATE THIS WHEN YOU REGISTERED, PLEASE TURN UP AT THE SAME TIME AS THE REST OF YOUR TEAM.

IF YOU ARE NOT TAKING PART WITH A TEAM LISTED BELOW, PLEASE LOOK FOR YOUR NAME UNDER THE WAVES FOR YOUR ALLOCATED ARRIVAL TIME.



ARRIVAL WAVE TIMES

TEAM SCHEDULE

ALPHA - 10:00 SPONSORS ONLY

Wollens
Pure Dental
Stannp.com
TDK Lambda UK
WSG
C-Tec
Torch Vets
Simpkins Edwards
Turnstyle
Vertu Mini Exeter
Slee Blackwell
Digifunk
Ewemove
Smurfit Westrock Atlas
North Devon Homes
Cytiva
Advanced Scaffolding

BRAVO - 10:20

Lampard Legends
Braunton Fitness
Run To The Hills
Team GBL - Grow Beyond Limits
CFB
TVHC Legends
SWITCHFRAME
Team Libra!
Badass Ballers
Overy Achievers

Ollie Haste
Finley Haste

CHARLIE - 10:40

Team Fearless	Helen Gough
Finishers	Victor Gough
G4	Helene Bond
Lynton AFC	Alexander Archer
Pork Chaps	Lee Eversley
North Devon Hockey	Rebecca Eversley
Club	Ross Chanter
Queen Anne's Dental	Cat Lawrence
Practice	Fizz Radford
CFB	Kyle Clayton
Squat Happens	
The Fray Bentos Four	
The Struggle Is Real	
Zero Abs, All Flab	
We're Pooped	
TT SCAFF	
Already Broken	

DELTA - 11:00

Unbreakable Strugglers
Wooda Warriors
TVHC Legends
Team SEA
The Slow Reactors
The Snack Draw Raiders
Frosties
Oops We Joined
We're The Outsiders
3XA
The Moles
JD

Louise Butcher
Jo Foscett

ECHO - 11:20

Welland Warriors
The Lynton Already Broken
The Wannabe Athletes
Gym Active
Holsworthy Massive
Tarka Titans
Fat But Willing
Shits and Giggles
6 Legs, 1 Goal
Odd Balls
Solo Polo
The Peachy Team

Robert Oates
Lucy Oates
Katie Muge
Katy Foden
Clare Fewings
Patrick French
Oli Bushnell
Nicola Clark
Cameron Shaw
Jordan Butler
Shannon Mansfield
Mark Maton

FOXTROT 11:40

Pure Gym
Springfield Superheroes
North Molton Shooters
The Orcs
NR JFK
Chantel Law Fitness & Pilates
Lisa and the Leftover
Karie's Health & Fitness
Green Army
Mid-Life Crisis

Fredrina Murray
Jamie Blackmore
Kim Thorne
Laura Lockwood
Louise Thorne
Joanne Osgerby
Nikita Russell
Macy Sims
Matt Coles
Mesha Williams
Samuel Parish

GOLF - 12:00

Farm Fit Animals
Function Fitness
Davies Duo
Cheeky Buns
Braunton Firefighters
Bettiss
Barum Nutrition
Ballotelletubbies
Fearless Finishers
Muddy Baps
Moakphrazier
Noi
Mission: Do It For Him
Independent Slate Supplies
Hookway
Powered by Cakes and Snacks
Pilton Bluecoat
Perinatal Team
Parfitts
Tactical Titans
Quackers
Kyle and Amber
Mental
All Stars @ Rock Pool

GOLF - 12:00

Brittany Moore
Hollie Dimmock
Hebe Shepard
Xavier Lock
Freya Smith
Tom Calder
Conrad Rull
Josh Sullivan
Sam Elliott
Kieran Fisher
Andrew Greaves
Kester Langhorne
John Peel
Timothy Mansell
Zoey O'Neill
Emily Hatcher-Pryce
Julie Willsman