

LET'S BRING
COMFORT
TO GRIEVING
YOUNG HEARTS



LIVING THROUGH LOSS

APPEAL

16 FEB - 31 MAR



FUNDRAISING PACK

When a child loses a parent or a loved one, life will never be the same. The Living Through Loss Appeal aims to raise £50,000, so North Devon Hospice can provide bereavement counselling, support groups, and emotional support, for families and children facing this upheaval. In this pack is everything you need to get involved...

WHY IT MATTERS...



**"I'VE REALLY BECOME
CLOSER TO MY LITTLE GIRL
SINCE ATTENDING THESE
FAMILY SESSIONS AT THE
HOSPICE. THIS PLACE HAS
BEEN A GODSEND FOR HER
SINCE HER DAD DIED."**

Your support will help people like Jules and her young daughter, who lost her dad to cancer earlier this year.

"We've come back to the hospice regularly since Shaun died, to get support for me, or for our daughter to meet with the family counsellors." said Jules. "This place has been a godsend for us."

She added, "There is amazing support to help us all through, every step of the way. It's been such a help for my daughter, and I would hope all families could get the same comfort when they need it."

WAYS YOU CAN SUPPORT OUR LIVING THROUGH LOSS APPEAL...

Picking your perfect fundraising idea is so important, because you'll have more fun, engage more people and raise more money! Here's some you might enjoy...



♡ PYJAMA DAY OR DRESS DOWN DAY

Get comfy for a cause! Host a Pyjama/Dress-Down Day at school or work and help turn cozy vibes into real-world impact by asking everyone to make a donation. Whether you're rocking your favourite PJs or keeping it casual, every contribution brings us one step closer to supporting those who need it most.

♡ BRING YOUR TEDDY TO SCHOOL

Bring your favourite teddy and help bring comfort to others! Everyone can share a little joy while raising support for a great cause. Big bears, tiny bears, and everything in between—every cuddly friend helps make a difference.

♡ CRAFT WORKSHOP

Where imagination meets community spirit. Students can make something special while helping to raise funds. Ask for a small donation for the workshop or sell the creations for donations afterward.

♡ CAKE SALE

Everyone loves a cake sale! Whether you bake your own creations, pick up sweet treats, or call on your star bakers, every slice raises vital funds. Sweet treats, sweeter impact!

♡ QUIZ NIGHT

Why not host your own Quiz Night Fundraiser? It's a fun, easy way to bring people together, raise money, and create a lively community or workplace event. With a bit of trivia and a lot of enthusiasm, you can turn a simple evening into meaningful support for a great cause!

♡ 24-HOUR-A-THON

Take on the ultimate challenge—host a 24-Hour-A-Thon Fundraiser! Whether it's gaming, dancing, reading, crafting, or any activity you love, going non-stop for 24 hours is a fun and exciting way to bring people together and raise funds. Push your limits, inspire others, and make a real impact!



“IT’S INCREDIBLY IMPORTANT FOR FAMILIES AND CHILDREN TO KNOW THEY’RE NOT ALONE, WHEN FACING THE LOSS OF A PARENT OR LOVED ONE.”

Jo, Children’s Counsellor at North Devon Hospice.



• **COLD WATER DIP**

Take the plunge and host a Cold Water Dip Fundraiser and rally your community, colleagues or friends for a refreshing (and exhilarating!) challenge. Whether it's a quick dip or a brave icy plunge, it's a fun, energizing way to raise funds and make a splash for something that matters.

• **PRE-LOVED SALE**

Clear out your clutter and make a difference! Whether it's a car boot sale, a garage sale or a second hand sale at work –sell your unwanted items, discover hidden treasures, and bring everyone together. It's a fun, easy way to raise funds while giving pre-loved items a new home.

• **HOLD A RAFFLE**

Give people the chance to win fantastic prizes while supporting a great cause. It's simple, fun, and a great way to bring people together for something meaningful. Just make sure you understand the rules around running a raffle. More information can be found on the Gambling Commission website.



Every pound you raise will bring comfort to grieving families and young hearts. Thank you for supporting local families and children facing the loss of a parent or loved one.



“WE’RE CARING FOR MORE PATIENTS IN THEIR 30S AND 40S. THIS MEANS, SADLY, MORE CHILDREN ARE BEING LEFT TO NAVIGATE LIFE WITHOUT A PARENT. HELP US BE THERE FOR THEM. THANK YOU.”

Charlie, North Devon Hospice Counsellor



MATERIALS

We have an array of handy fundraising and awareness materials available for you to use including posters, invitations, leaflets and sweepstakes. We also have branded items such as t-shirts, banners, collection buckets and bunting available upon request. These can be collected from the hospice at Deer Park, Barnstaple, on an agreed date and time. If you're unable to collect, then we may be able to post or deliver these to you depending on notice given, locality and availability.

VOLUNTEER SUPPORT

Our community fundraisers and volunteers are out and about at events throughout the year and would love to be involved in your Living Through Loss Appeal fundraising activities. Should you wish to have a hospice volunteer at your event, either to lend a helping hand or to help raise awareness, please contact us in plenty of time and we'll do our best.

PAYING IN YOUR FUNDRAISING



ONLINE

You can pay in any fundraising via the donation page
– northdevonhospice.org.uk/livingthroughloss



CASH

The safest way to pay in cash donations is to drop this into our reception here at the hospice (Deer Park Road, Barnstaple).
Or, you can take any cash donations into any of our local North Devon Hospice charity shops (check out our website for your nearest one).



OVER THE PHONE

You can make a donation over the phone using your debit or credit card. Call us on 01271 347232 during office hours.



CHEQUES

Please make cheques payable to 'North Devon Hospice' and send to us at:
FAO Fundraising Team, North Devon Hospice, Deer Park, Barnstaple, EX32 OHU. Please include a letter detailing who the cheque is from and stating that it's for the 'Living Through Loss Appeal'. Please include any sponsorship forms etc.



TEXT TO DONATE

The quickest and easiest way to give to our Living Through Loss Appeal. Text **LOSS** followed by **your donation amount** (i.e. LOSS10 to give £10) to **70085**. Texts will cost the donation amount plus one standard network rate message.

THANK YOU!

Contact our Fundraising team:

Call 01271 347232

Email fundraising@northdevonhospice.org.uk.



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