



CARERS

Devon Carers

You'll find information and advice on being an unpaid carer as well as looking after yourself; the website is a regularly updated hub of resources.

Website: <https://www.devoncarers.org.uk>

Email: info@devoncarers.org.uk

Phone: 03456 434 435

Carers UK

Support for unpaid carers for family or friends

Website: www.carersuk.org

Email: advice@carersuk.org

Phone: 0808 808 7777

Carers Trust

The Carers Trust gives help for young carers through campaigns, programmes, grants, specialists services through their network of local carer organisations and more.

Their website will provide information about:

The carers Trust Network / Young carers and young adult carers / Money and benefits / Getting a break

Website: <https://carers.org>



YOUNG CARERS

Devon Young Carers

You can ask them for help directly, the young carer can be registered, and you can also use resources on their website.

Website: <https://devon.gov.uk/educationandfamilies/youngpeople>

Email: youngcarers@devoncarers.org.uk

Phone: 03456 434 435

Carewise North Devon Young Carers

Carewise offers practical and emotional support to young carers up to the age of 18, whose education, health, social or emotional development may be affected by their caring responsibilities in the family. It is a NHS service.

Website: www.carewise.org.uk

Phone: 01237 479380

Devon Carers at Westbank

They work with young people aged 4 to 18 who help look after someone in their family, or a friend, who is ill, disabled or misuses drugs and alcohol. We work to make sure that young carers are supported through our service and others, which can include specialist advice, access to respite opportunities and 1:1 support as identified in an assessment.

Website: <https://devoncarers.org.uk/am-i-a-carer/young-carers>

Email: youngcarers@devoncarers.org.uk

Phone: 03456 434 435